

Medical Education Journal Club

Friday, April 25, 2014

AHC2 170



FIU

**Herbert Wertheim
College of Medicine**

Medical Education Journal Club

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Disclosure Information

Activity Directors / Planners / Reviewers / Faculty

| Name | Role | Disclosure / Resolution |
|---------------------|---------|--|
| Fauzia Nausheen, MD | Speaker | Reports no relevant financial relationships. |
| Tracey Weiler, PhD | Speaker | Reports no relevant financial relationships. |



**Herbert Wertheim
College of Medicine**

Medical Education Journal Club

- Establish a forum for faculty to share and discuss recent literature in medical education
- Use best evidence in medical education literature to evaluate and advance current practices in our educational program
- Establish a culture that promotes curricular innovation and change in an evidence-based manner
- Stimulate educational scholarship



FIU

**Herbert Wertheim
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Cognition Before Curriculum: Rethinking the Integration of Basic Science and Clinical Learning

Kulamakan Mahan Kulasegaram, Maria Athina Martimianakis, PhD,
Maria Mylopoulos, PhD, Cynthia R. Whitehead, MD, PhD, and Nicole N. Woods, PhD

Academic Medicine, Vol. 88, No. 10 / October 2013

<http://www.polleverywhere.com/tweiler>

Tracey Weiler
Fauzia Nausheen

Learning Outcomes for Today

- Describe continuum of program, course and session level integration
- Summarize techniques and approaches for integration at the level of program / course / session
- Apply integration framework to the FIU HWCOC curriculum
- Propose a mechanism for integrative assessment and writing of exam questions

Flexner Report - 1910

MEDICAL EDUCATION
IN THE
UNITED STATES AND CANADA

A REPORT TO
THE CARNEGIE FOUNDATION
FOR THE ADVANCEMENT OF TEACHING

BY
ABRAHAM FLEXNER

WITH AN INTRODUCTION BY
HENRY S. PRITCHETT
PRESIDENT OF THE FOUNDATION

BULLETIN NUMBER FOUR (1910)
(Reproduced in 1960)
(Reproduced in 1978)

437 MADISON AVENUE
NEW YORK CITY 10022

Goal: Integration

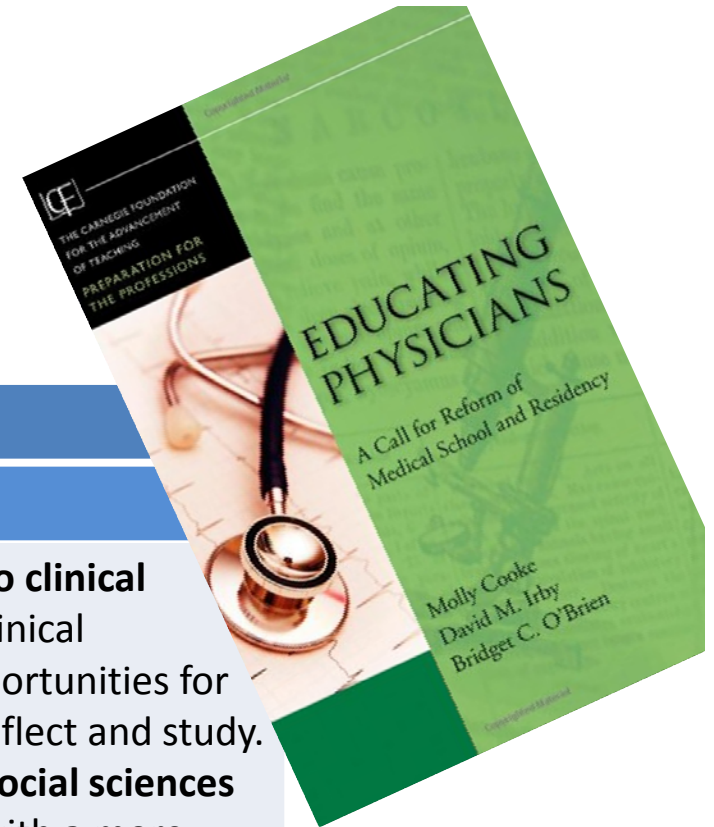
Challenge

- Limited science in the curriculum
- No connection between practice and science

Recommendation

- **Integrate advances in the laboratory with practice at the bedside**
- Provide clinical training in university teaching hospitals

Carnegie Report - 2010



Goal: Integration

Challenge

- **Poor connections** between formal knowledge and experiential learning
- **Fragmented understanding** of patient experience
- Poor understanding of **non-clinical and civic roles** of physicians
- Inadequate attention to the skills required for **effective team-delivered care** in a complex health care system

Recommendation

- **Connect formal knowledge to clinical experience**, including early clinical immersion and adequate opportunities for more advanced learners to reflect and study.
- **Integrate basic, clinical and social sciences**
- Engage learners at all levels with a more comprehensive perspective on patients' experience of illness and care, including more **longitudinal connections with patients**.
- Provide opportunities for learners to experience the **broader professional roles of physicians, including educator, advocate, investigator**
- Incorporate **inter-professional education and teamwork** into the curriculum

What is Integration?

- Definition - Wikipedia
 - Connecting skills and knowledge from multiple sources and experiences
 - Applying skills and practices in various settings
 - Utilizing diverse and even contradictory points of view

Is it a Goal? Is it a Strategy?

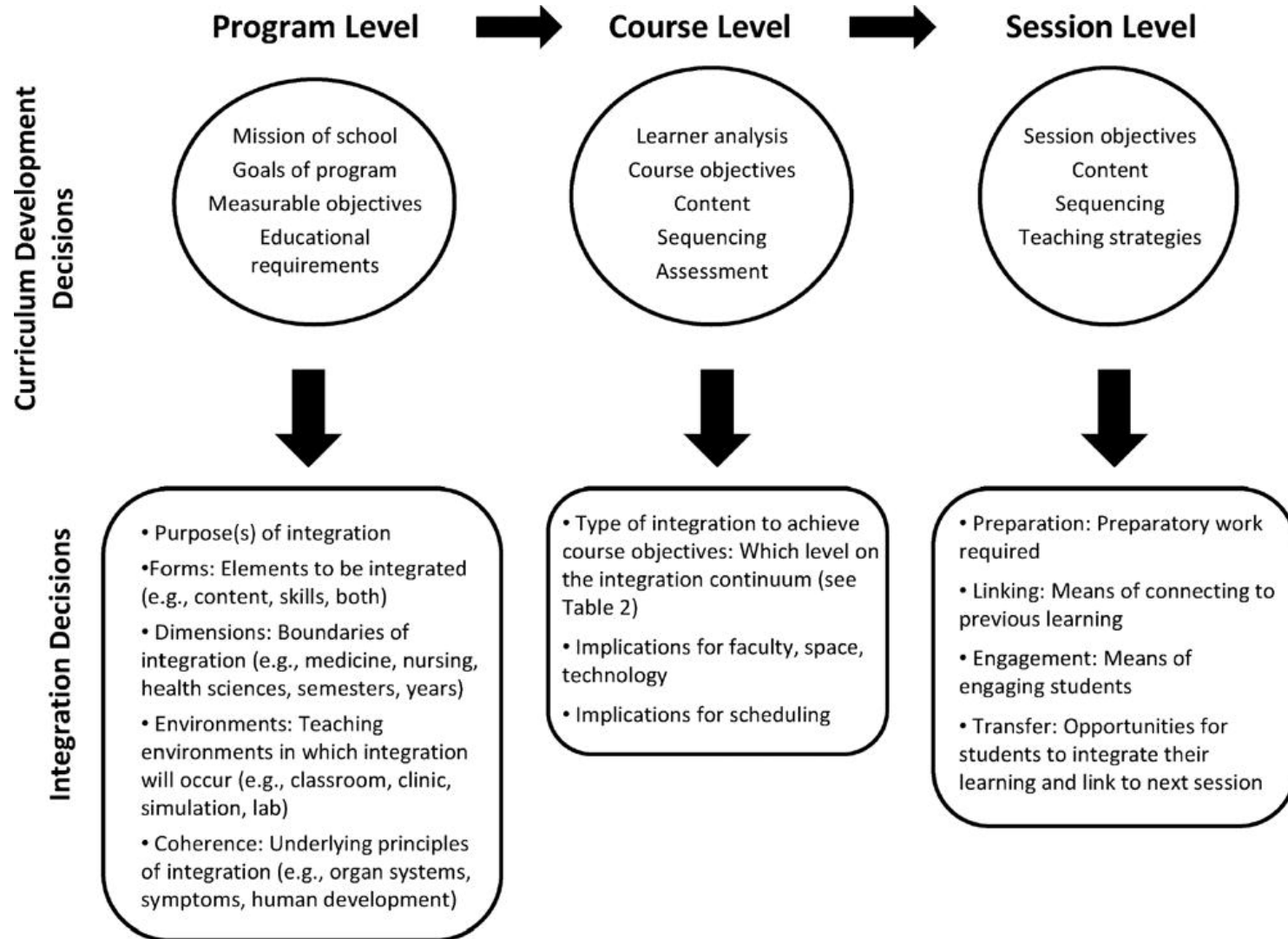
Perspective: **Deconstructing Integration:
A Framework for the Rational Application of
Integration as a Guiding Curricular Strategy**

Ellen Goldman, EdD, and W. Scott Schroth, MD, MPH

Academic Medicine, Vol. 87, No. 6 / June 2012

- *“Deliberate unification of separate areas of knowledge”*
- Goal or **strategy**?
 - “often no clear distinction is made between the aims and objectives of education provision and the strategies adopted for their achievement; educational concepts may become ends in themselves, and the overall aim becomes lost” Spenser & Jordan 1999
- Needed an organizational framework for the operational concept of integration

Organizing Framework



Cognition before Curriculum...

University of Toronto

Cognition Before Curriculum: Rethinking the Integration of Basic Science and Clinical Learning

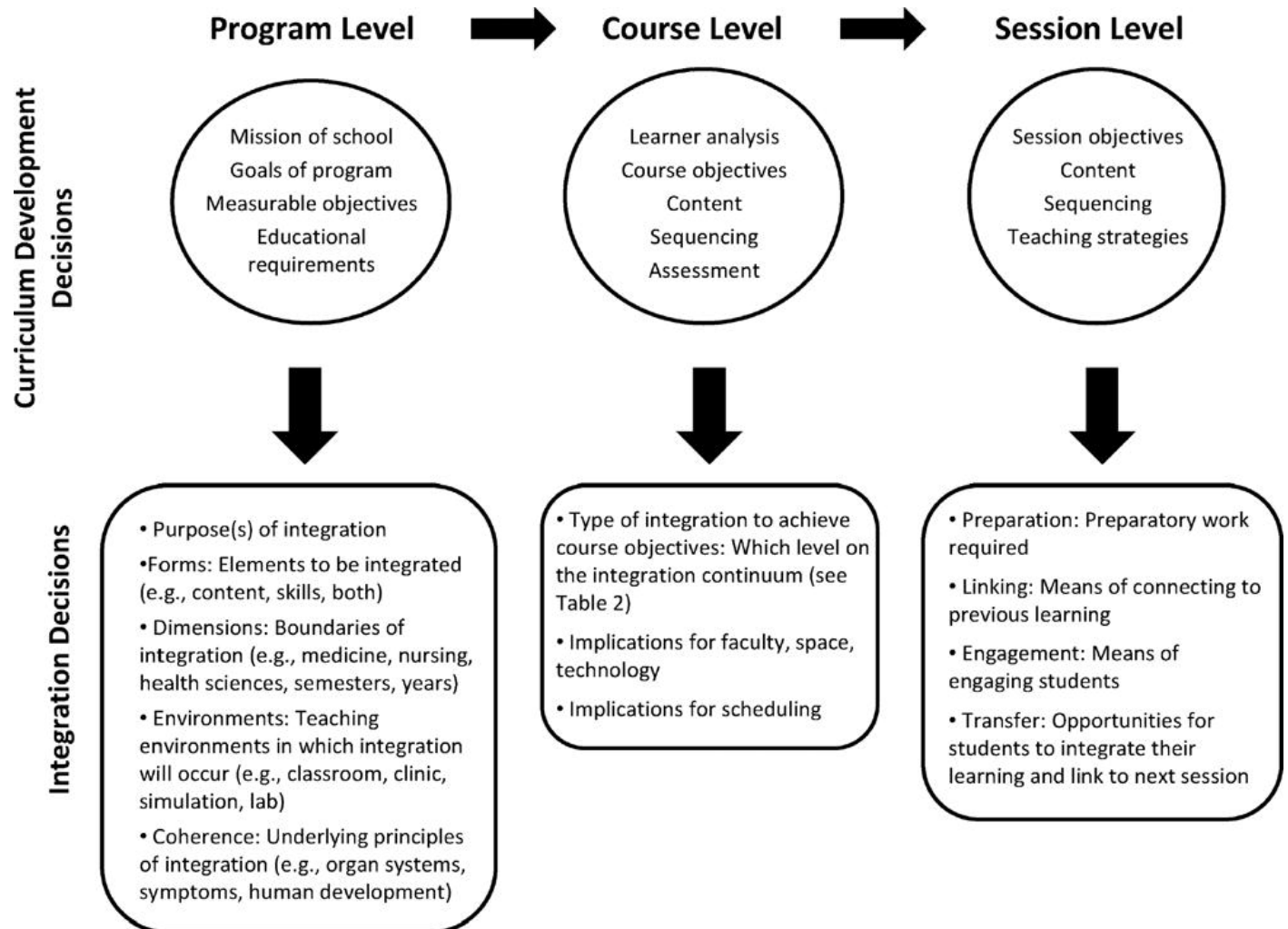
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METHODS



- Relevant literature related to integration
 - 30 yrs (1982-2012)
 - Biomedical science (medical) and clinical science
 - papers that aimed to improve learning outcomes or skills
- Papers organized as per Integration Framework (Goldman and Schroth)
 - Programs (superstructure)
 - Courses (focused on specific unit of knowledge)
 - Teaching Sessions
- Articles evaluated for each of three characteristics
 - Method /approach for integration
 - Support for methods
 - Evidence for success of integration

RESULTS



Program Level Integration Strategy



| Considerations (framing question) | Decisions required | Examples |
|-----------------------------------|---|---|
| Purpose(s) (Why?) | What is the integration trying to achieve? | <ul style="list-style-type: none"> • Help students deal with complex problems • Enhance functional competency • Foster higher-order thinking |
| Forms (What?) | Which elements are to be integrated? | <ul style="list-style-type: none"> • Content knowledge • Skill development |
| Dimensions (When?) | What are the boundaries of the integration activity? | <ul style="list-style-type: none"> • Horizontal integration (semester or year) • Vertical integration (multiple years) • Both horizontal and vertical • Interprofessional |
| Environments (Where?) | In what teaching environments should integration take place? | <ul style="list-style-type: none"> • Classroom • Simulation center • Clinic/bedside |
| Coherence (How?) | What underlying principle or principles unify the integration activity and provide it with integrity? | <ul style="list-style-type: none"> • Organ systems • Stages of human development • Disease or symptom • Competencies |

Program Level Results

Model

Back to Basic Sciences Clerkship Model

Basic Science to guide learning of clinical concepts

students thought the basic sciences more relevant through this approach

Increase proximity of basic and clinical teaching

*Invite basic scientist in clinical settings and clinical faculty early in the curriculum
Best practices in redeploying the teaching personnel are unclear*

PBL (traditional or hybrid)

Depends on content, setting and tutors

Program Level Results

1. Poor transfer of content from one context to other
2. Students training to form advance schema for clinical reasoning may not appreciate relevance of basic science
3. Review of basic science is an extra cognitive load with extensive demands of clinical learning
4. More useful to have experiential learning in the early years of training
5. Teacher-led integrated curriculum around specific organ systems outperformed the PBL and traditional teaching

Program Integration @ FIU



Results

<http://www.polleverywhere.com/tweiler>

Program Integration @ FIU

patient-centered curriculum , cultural competence



| Model | FIU | Comment |
|--|-------------------------------------|--|
| Back to Basic Sciences Clerkship Model | Neuro clerkship | Neuroanatomical review in TBL |
| Basic Science to guide learning of Clinical concepts | Clinical skill 2 nd year | Integrative Case based learning, and clinical skills |
| Increase proximity of Basic and Clinical teaching | Neighborhood HELP program | Integrative clinical skills and N-help |
| PBL (traditional or hybrid) | Osler Friday | Integrated Clerkship PBL |

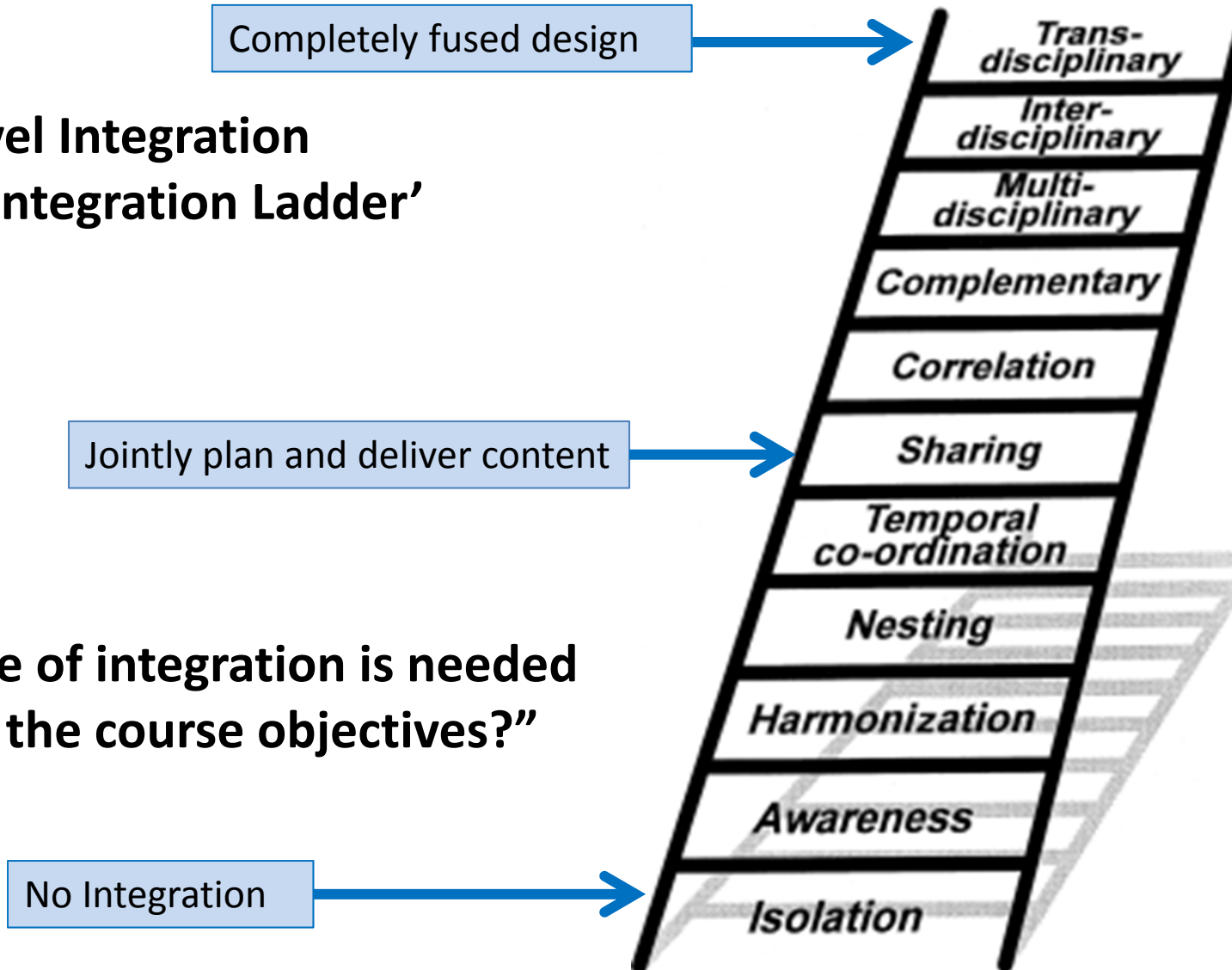
➤ Success of three touch system ?

Why?
What?
When?
Where?
How?

Course Level Integration Strategy

Course Level Integration Harden's 'Integration Ladder'

“What type of integration is needed to achieve the course objectives?”



Course Level Results



| Model | Comment |
|---|--|
| Contextualization of basic science concepts <ul style="list-style-type: none">• Basic science concept that is demonstrably applied to clinical knowledge | <ul style="list-style-type: none">• Clinical realm with applied basic science concepts• Clinical problem becomes demonstration of a concept in action<ul style="list-style-type: none">• Goal can be misdirected• Conceptual errors• Require further refinement |
| Shared teaching <ul style="list-style-type: none">• Personnel based approach• Sequential or simultaneous | Requires: <ul style="list-style-type: none">• Synergy of teachers• Depth of content• Quality of exchange between basic scientist and clinicians• Can result in mini 2+2 curriculum |

➤ Actual knowledge gain and learning outcomes ?

Course Integration @ FIU



Results

<http://www.polleverywhere.com/tweiler>

Course Integration @ FIU



| Model | FIU | Comment |
|--|---|--|
| Contextualization of basic science concepts in clinical teaching | <ul style="list-style-type: none">• TBL, CBL (small groups and large groups)• Application exercises• Core cases | Does knowledge learned in one context apply to another? |
| Shared teaching <ul style="list-style-type: none">• Simultaneous?• Sequential? | <ul style="list-style-type: none">• Basic science and Clinical science (synergy, depth of knowledge, quality of exchange) | <ul style="list-style-type: none">• Linking knowledge• 2+2 miniature ?? |

Session Level Integration Strategy

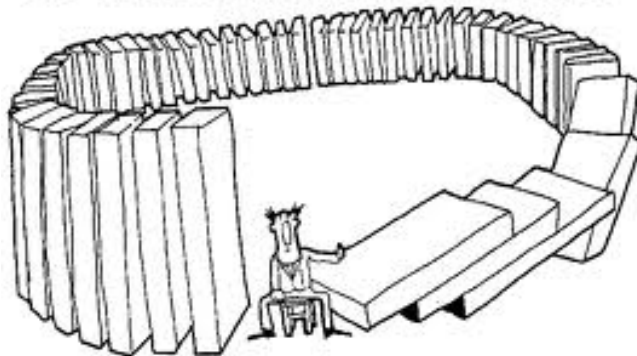


| Session component | Purpose | Examples |
|-------------------|--|--|
| Preparation | <ul style="list-style-type: none"> • Give the learner needed background information • Set expectations for what is to come | <ul style="list-style-type: none"> • Assign readings, questions, or problems in advance • Describe clearly how session will run |
| Linking | <ul style="list-style-type: none"> • Stimulate the brain: Connect to what the learner already knows and/or has experienced | <ul style="list-style-type: none"> • Reference/recall specifics from prior session and/or other coursework • Query about recent experiences |
| Engagement | <ul style="list-style-type: none"> • Excite: Hook the learner by showing the relevance • Present material and learning guidance • Engage: Have the learner use the material to integrate it with prior knowledge and experience • Foster awareness: Help the learner realize what he or she has gained | <ul style="list-style-type: none"> • Use alarming statistics, a story of a patient, etc., as a hook • Present a case, problem, project, etc., and the thought/action desired • Assign individuals, pairs, or small groups to solve a problem, develop a plan, formulate a response, etc. • Provide opportunity for reflection and discussion; feedback |
| Transfer | <ul style="list-style-type: none"> • Enhance retention of new learning | <ul style="list-style-type: none"> • Provide cues and strategies for future retrieval • Describe next session |

Session Level Results

| Model | Comment | Success? |
|--|--|---|
| 1. Basic and clinical sciences in a causal network | <ul style="list-style-type: none">• Causal story \uparrow ability to diagnose new cases• Integrated explanations rather than evidence-based clinical algorithms to diagnose and retain information | YES <ul style="list-style-type: none">• Randomized control trials• Simulations of educational interventions |
| 2. Encapsulation Theory | Expertise is a process that enfolds knowledge into meaningful categories and develops illness scripts | YES <ul style="list-style-type: none">• Some evidence from small studies with experts |

In complex systems, cause and effect are often distant in time and space



Session Integration at FIU

Results

<http://www.polleverywhere.com/tweiler>

Session Integration @ FIU

| Model | FIU |
|--|---|
| 1. Basic and clinical sciences in a causal network | <ul style="list-style-type: none">• Pharmacology, biochemistry, physiology and genetics<ul style="list-style-type: none">• Effect of drug is due to interaction with target which causes decrease in ...• Physiology, biochemistry, genetics<ul style="list-style-type: none">• Genetic defect inactivates protein which increases concentration of ions which ... |
| 2. Encapsulation Theory | <ul style="list-style-type: none">• Second year CBL cases• Third year Osler Friday PBL cases |

FIU Session Integration

| Component | FIU |
|-------------|---|
| Preparation | <ul style="list-style-type: none">• Provide readings• Learning Objectives |
| Linking | <ul style="list-style-type: none">• “What do you know about X?”• “Remember when Dr. Who mentioned Y?”• “I talked about Z last week... What did I say?” |
| Engagement | <ul style="list-style-type: none">• Show relevance with clinical perspective• Application exercises where students do something with their new knowledge• PBL/TBL where students need to figure out what they know and don't know and where to find the answers |
| Transfer | <ul style="list-style-type: none">• Apply new knowledge through clicker questions• Physiology – apply principles to clinical case; create a question for further study; |

Study Conclusion

- Critical Narrative Review with some anecdotal evidence
- Evaluation of successful integration using learning outcomes is scarce
- Many papers have integration described as goal rather than a process
- Integration needs to have a purpose
 - What are you trying to achieve in the learner?

Discussion

- Planner vs. Learner
 - Integration must happen for the learner, not just the teacher
 - Integration @ top levels of Bloom's taxonomy
 - Synthesis
 - Evaluation
- Systematic approach to integration
 - Program/Course/Session
 - Infrastructure/Faculty/Time Resources
- Program Level: Success of three touch system ?
- Course Level: Actual knowledge gain & learning outcomes?
- Role of integrative assessment and writing of exam questions?

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Acknowledgements

Office of Medical Education

- Carla Lupi
- Chris Castro

Thank You!

Course Level Integration options

